

**Mizen Courses – Short Breaks a Little out of the Ordinary
Escape into another world on one of our Courses.**

**Mizen Head Signal Station, Goleen, West Cork.
Ireland's most southwesterly point
Contact for bookings: Stephen O'Sullivan info@mizenhead.ie
Tel: +35328 35225 Mizen Head GPS 5127 05.50N 9 48 40.81W**

This is an opportunity to give yourself and your visitors a different and rewarding experience. Groups and individuals welcome. Fully Qualified Expert Tuition. Please send this on to anyone who is interested.

**Special Offer Book both Courses for €50 each (Discount €30)
Mar 7 Birdwatching and Mar 21 The Geology of the Mizen Peninsula**

Saturday March 7th 2009

Birdwatching at Mizen Head

**Lecturer and Guide: Michael Cobley, BirdWatch Ireland.
One Day Environmental Course 9.30am – 4.30pm.**

09:30- 10:00: Registration
10:00- 11:30: Birding in Ireland
Birding in West Cork
The place of Mizen in the big picture
11:30- 11:45: Coffee Break
11:45- 13:00: Breeding birds of the Mizen
Bird migration
13:00- 13:30 Lunch
13:30- 15:30 Practical session at various sites on the Mizen
15.30- 15.45 Tea Break
15:30- 16:30 How to become more involved in birding
The Crookhaven Bird Observatory

Please bring any binoculars and telescopes you may have and also warm outdoor clothing for the practical session.

Places will be secured on receipt of the full course fee, on a first come first served basis

Rate: 65 euro to include instruction, coffee, lunch and tea. Min/Max: 15/40
Call or write for application form. Contact: Stephen O'Sullivan
info@mizenhead.ie +353 28 35225

Saturday March 21st 2009

Introduction to The Geology of the Mizen Peninsula

One Day Course and Field Excursion 9.30am – 4.30pm

Lecturer and Guide – Dr Richard Unitt, Department of Geology, University College Cork.

09.30 – 10.00:	Registration
10.00 – 11.30:	Introduction to Mizen geology
11.30 – 11.45:	Coffee Break
11.45 – 13.00:	Landform and mining heritage
13.00 – 13.30:	Lunch
13.30 – 15.30:	Excursion
15.30 – 15.45:	Tea Break
15.45 – 16.30:	Informal discussion

Note: For the excursion please bring sturdy boots and waterproof clothing.

Rate: 65 euro to include instruction, coffee, lunch and tea Min/Max: 15/40
Call or write for application form. Contact: Stephen O’Sullivan
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Special Offer Book both Courses for €100

Accommodation

Prices for 1 night's B&B per person sharing per night.			Price in
Name	Address	Website	euro
			ppspn
Inchydoney Hotel & Spa	Clonakilty	www.inchydoneyisland.com	110.00
Fernhill House Hotel	Clonakilty	www.fernhillhousehotel.com	70.00
Grove House	Skibbereen	www.grovehouse.net	59.00
The Castle	Castletownshend	www.castle-townshend.com	55.00
Caseys of Baltimore Hotel	Baltimore	www.caseysofbaltimore.com	45.00
Harbour View Hotel	Schull	www.harbourviewhotelschull.com	45.00
Galleycove House	Crookhaven	www.galleycovehouse.com	45.00
The Heron's Cove	Goleen	www.heronscove.com	45.00
Sea Breeze	Clonakilty	www.seabreezeclon.com	40.00
Glendine Irish Home	Clonakilty	www.glendine.com	40.00
McLiam Lodge	Clonakilty	www.westcorkbandb.com	40.00
Hillcrest Farm Mar 21	Sheeps Head	agneshegarty@eircom.net	38.00
Doireliath Guesthouse	Bantry	www.bantrybedandbreakfast.com	37.50
The Stone House	Baltimore	www.aquaventures.ie	37.50
Dromcloc House	Bantry	www.drumclohouse.com	35.00
Shearwater	Union Hall	www.shearwaterbandb.com	35.00
Liscubba House	Clonakilty	www.liscubbahouse.com	35.00
Aran Lodge	Bantry	www.aran-lodge.com	35.00
Reenmore Farmhouse	Sheeps Head	www.reenmore.com	35.00
Bridge View House	Sheeps Head	www.bridgeviewhouse.com	30.00
PK Lodge	Skibbereen	www.pklodgecork.com	30.00

BOOKING FORM

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March 7 Birdwatching and March 21 Introduction to the Geology of the Mizen Peninsula

Cost: €65 (Accommodation providers less 10%) Accommodation must be booked directly with individual providers.

Please reserve place(s) on March 7 Birdwatching Course

andplace(s) on March 21 Introduction to the Geology of the Mizen Peninsula Course

Name:.....

Address:.....

Contact number:.....

Email address:.....

Are you staying in accommodation to attend this course? Yes..... No.....

Where are you staying?.....

Are you an accommodation provider?.....

Payment (please write in amount you are paying):

Cash.....

Cheque (**Irish cheques only** made out to Mizen Tourism Co-operative Society Ltd

Credit Card: Visa/ Mastercard/Laser (but not Maestro or Electron).....

CC Number.....

Expiry Date:...../.....

Please send this form with your payment to: Stephen O’Sullivan, Mizen Tourism Co-operative Society Ltd., Goleen, West Cork. Full payment is required to secure a place. Places are limited.